

Do Mar Çiften (Albania)

These notes ©2014, Andrew Carnie. Dance choreographed by Steve Kotansky, based on traditional **Valle/Pogonishte** [<http://folkdancemusings.blogspot.com/2014/02/valle-albania.html?q=Valle>] Steps. (Thanks to Nancy Bannister for offering some corrections to the notes)

Music: Do Mar Çiften by Tirana Folk Ensemble: *Songs and Dances From Albania*: <http://youtu.be/W-GgcNNHvfY> [<http://youtu.be/W-GgcNNHvfY>] ; <https://itunes.apple.com/us/album/songs-dances-from-albania/id261197145> [<https://itunes.apple.com/us/album/songs-dances-from-albania/id261197145>]

Meter: 4/4

Formation: Open circle in W position

Start with drum (after the few notes of solo clarinet)

Bar 1: Facing diagonally left of center and moving backwards, čukče on L (1) step R to R (2), step L behind R (3), step R to R (4)

Bar 2: Čukče on R as body turns to face diagonally R of center (1) Cross L over R (2), Step R to R (3), Cross L over R (4)

Bar 3: Čukče on L and swing R around, lower arms so they are pointing diagonally down and forward (1) step R across L (2), Step L to L (3), Cross R over L (4)

Bar 4: Čukče on R, Swing L around (1) step L across R (2), Step R to R (3), Cross L over R (4)

Bars 5-8 repeat bars 1-4, bring hands back up to W position to start.

Bar 9: with feet together swivel heels to the R (1,2), swivel heels to the L (3,4)

